



## Cytomegalovirus (CMV) Protocol

*(pronounced sy-toe-MEG-a-low-vy-rus)*

### CMV:SSR 10 Vial Kit

- First Kit: Begin with vial #1 and continue in ascending order (1-10).
- Second Kit: Begin with vial #10 and continue in descending order (10-1).

Take one vial every three days. Empty the entire contents of a vial into your mouth and hold under your tongue for at least 30 seconds, then swallow.

### CMV: PLUS

- Take fifteen drops twice daily under your tongue.
- ***Do not eat or drink twenty minutes prior to taking the drops or twenty minutes after taking the drops.***

**CAUTION:** Symptoms often worsen between the second and fourth dose. This is a normal part of the process.

Series Kits are designed to be used under the supervision of your healthcare practitioner.

Unless your practitioner has instructed you otherwise, please follow these instructions precisely.

The vials must be taken in the correct order to provide optimal support.

### Desbio Series Kit

#### KIT ONE

Days 1-30

- Vial **1**
- Vial **2**
- Vial **3**
- Vial **4**
- Vial **5**
- Vial **6**
- Vial **7**
- Vial **8**
- Vial **9**
- Vial **10**

### Desbio Series Kit

#### KIT TWO

Days 1-30

- Vial **10**
- Vial **9**
- Vial **8**
- Vial **7**
- Vial **6**
- Vial **5**
- Vial **4**
- Vial **3**
- Vial **2**
- Vial **1**

The complete series protocol requires two kits. If this is your **first** kit, begin with vial #1 and continue in ascending order (1, 2, 3, etc.). If this is your **second** kit, begin with vial #10 and continue in descending order (9,8,7, etc.).

Take one vial every three days. Empty the entire content of a vial into your mouth and hold it under your tongue for at least 30 seconds, then swallow.

Consult your healthcare practitioner if you have any questions or concerns about this protocol.

Month 1:

Ascending

S	M	T	W	T	F	S
		1		2		
		3		4		7
		5		6		
			8		9	
			10			

Month 2:

Descending

S	M	T	W	T	F	S
					10	
		9		8		7
				6		5
				4		3
				2		1